



# Nasomah Health Group

Owned & Operated by the Coquille Indian Tribe

Posted on Nasomah's web-site:  
December 27, 2011

Dear Nasomah and Coquille Tribal Members:

Per its articles of incorporation (7.10 Audit), the Nasomah Health Group is required to provide a summary annual report to its Plan members and to the Coquille Tribal members each year, by the end of January.

Attached to this letter please find a copy of the Nasomah Summary Annual Report for this past plan year, May 2010 through April 2011, as well as a summary sheet to help you better understand the flow of our income and expenses.

In sum, this report shows that Nasomah's net assets increased during the plan year; because, revenues exceeded expenses by \$838,349.

Please note that Nasomah continues to operate in the black with a positive cumulative net asset value at the end of the Plan year (April 2011) totaling \$893,505.

Sincerely,

Rod Cook  
Nasomah Program Manager

P.O. Box 921, North Bend, Oregon 97459  
866-436-4785 (toll free); 541-751-0940 (office)  
541-756-4714 (fax); 541-297-0531 (cell)  
Nasomah@uci.net

**Nasomah Health Group**  
**Change in Net Assets for the 2010 - 2011 Plan Year**  
**May 1, 2010 - April 30, 2011**

Net assets at the beginning of the Plan year: May 1, 2010		55,156
Add Plan income during year (5/1/10 - 4/30/11)		
Employer-paid premium contributions	5,153,253	
Participant-paid premium contributions	831,830	
Interest/investment income	<u>5,252</u>	
Total income		5,990,335
Deduct Plan expenses during year (5/1/10 - 4/30/11)		
Health claims	4,365,535	
Stop loss insurance premiums	257,275	
Preferred provider fees	16,914	
Third party administration (Health Comp)	180,906	
Healthy Traditions (wellness) program	110,723	
Chronic Disease Management program	23,547	
Managed care/utilization review	19,575	
All other Nasomah overhead expenses	<u>177,511</u>	
Total expenses		<u>5,151,986</u>
Increase to Plan assets during the year (5/1/10 - 4/30/11)		<u>838,349</u>
Net assets at the end of the Plan year: April 30, 2011		<u>893,505</u>

**Coquille Indian Tribe  
Nasomah Health Group  
3050 Tremont Street  
North Bend, OR 97459**

**Summary Annual Report for  
NASOMAH HEALTH GROUP**

This is a summary of the annual report for NASOMAH HEALTH GROUP, EIN 93-1073003, Plan Number 501, for the period May 1, 2010 to April 30, 2011. The annual report has been filed with the Department of Labor, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

**Insurance Information**

The plan has (a) contract(s) with US FIRE INSURANCE COMPANY to pay the following types of claims incurred under the terms of the plan:

- All Stop Loss claims

The total premiums paid for the plan year ending April 30, 2011 were \$230,104.

**Basic Financial Statement**

The value of plan assets, after subtracting liabilities of the plan, was \$893,505 as of April 30, 2011, compared to \$55,156 as of May 1, 2010. During the plan year the plan experienced a change in its net assets of \$838,349. This change includes unrealized appreciation or depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total income of \$5,990,335 which included employer contributions of \$5,153,253, employee contributions of \$831,830, gain/loss of \$0 from the sale of assets, and earnings from investments of \$5,252.

Total plan expenses were \$5,151,986. These expenses included \$529,176 in administrative expenses and \$4,622,810 in benefits paid to participants and beneficiaries, and \$0 in other expenses.

**Your Rights To Additional Information**

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- An accountant's report
- Financial information and information on payments to service providers
- Insurance information including sales commissions paid by insurance carriers
- Information regarding any common or collective trusts, pooled separate accounts, master trusts, or 103-12 investment entities in which the plan participates

To obtain a copy of the full annual report, or any part thereof, write or call the office of:

Coquille Indian Tribe  
Nasomah Health Group  
3050 Tremont Street  
North Bend, OR 97459  
541-751-0940

The report is furnished without charge.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan:

Coquille Indian Tribe  
Nasomah Health Group  
3050 Tremont Street  
North Bend, OR 97459

and at the U.S. Department of Labor in Washington, DC, or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to:

Public Disclosure Room  
Room N-1513  
Employee Benefits Security Administration  
U.S. Department of Labor  
200 Constitution Avenue, N.W.  
Washington, DC 20210